

Trauma Survivors Network

The Trauma Survivors Network (TSN) is a community of patients and families who are looking to connect with one another and rebuild their lives after a traumatic injury. Joining this community can help ease the anxiety and frustration often experienced following a traumatic injury, hospitalization and recovery process.

Some of the benefits of taking part in TSN include:

- Connecting with others in similar situations, sharing your experiences and learning from other survivors
- Learning about injuries and recovery from trauma experts
- Discovering how to meet the challenges of everyday life after injury
- Giving hope and inspiration to others



Contact Us

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For more information, please visit:
traumasurvivorsnetwork.org
methodisthealthsystem.org/dallas

trauma survivors
network
provided by **ATS**
survive. connect. rebuild.



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* American Trauma Society ("ATS") and/or Trauma Survivors Network ("TSN"), including any materials provided by ATS and/or TSN are not affiliated with Methodist Dallas Medical Center and/or any of its affiliates ("MDMC")*



SURVIVE. CONNECT. REBUILD.

Trauma Survivors Network





Trauma Survivors Network Website

The TSN website provides a place for trauma patients and their loved ones to connect with others and get the information they need to help rebuild their lives.

Once you join the TSN and sign up with your trauma center, you have access to the following:

- An online community where trauma survivors and their families share experiences and information, as well as provide support and hope to one another
- The Patient and Family Handbook, which provides information about care at a trauma center and what to expect in the hours and days after an injury
- Access to, a class designed to help survivors manage life after serious injury
- The Traumapedia, an online resource for information, where you can learn about trauma care and rehabilitation
- A link to CarePages, an easy to use resource to help you keep others informed about you or your loved one's injury, treatment and progress
- Information about other TSN programs and events which may be available through your trauma center

traumasurvivorsnetwork.org

About Us

Whether you have been in a major car accident, sustained an injury at work, or have sustained an injury from another type of traumatic event, Methodist Dallas Medical Center is here to support YOU!

Through our Trauma Survivors Network Partnership, we offer a Peer Visitors program for currently admitted patients and family members as well as an outpatient trauma support groups in an effort to assist with navigating the road to recovery.

Peer Support Groups

***Times vary. Please contact your TSN Coordinator for more information**

After traumatic injury, patients and families often need more than medical care. Talking with others that are facing similar challenges offers an opportunity to share your thoughts, concerns, and hopes for the future while connecting with those that understand what you are going through. Support group meetings are open to patients and families.

**Due to COVID-19 visitor limitations, all support groups will be held virtually via Zoom until further notice.*

Peer Visitors Program

Available upon Request

Trained trauma survivors offer hospitalized trauma patients and/or their loved ones encouragement and a personal perspective on the recovery process. TSN Peer Visitors offer the kind of support only a fellow trauma patient can provide. Ask your nurse for a Peer Visitor Request Form to be connected with a Peer Visitor or contact Sarah Bradley at 214-947-1772.

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