



I am a cook, a little league coach, a best friend ...

a trauma survivor.

A sudden injury, the accompanying hospitalization and resulting recovery can be filled with uncertainty, anxiety and frustration. The American Trauma Society (ATS) has partnered with your hospital to assist you and your family through this difficult time. The goal of the Trauma Survivors Network (TSN) is to help you connect with others and rebuild your life.

We encourage you to explore our website to learn more about the free programs, services, and resources the TSN has to offer. Please join the TSN if you think we can help you... or if you can help support and inspire others who have had a similar experience.

[www.traumasurvivorsnetwork.org](http://www.traumasurvivorsnetwork.org)

trauma survivors  
**network**  
provided by **ATS**  
survive. connect. rebuild.