Trauma Survivors Network and Family Healing Group

What

This informal in-person group will gather once per month to discuss issues facing community members who have been impacted by trauma. This is designed to be a safe and confidential environment.

Please contact <u>tsnnorth@uchealth.org</u> for more information.



Upcoming Dates

May 21, 2025, 6:00 pm June 11, 2025, 6:00 pm July 31, 2025, 12:00 pm August 20, 2025, 6:00 pm September 10, 2025, 6:00 pm October 30, 2025, 12:00 pm November 19, 2025, 6:00 pm December 08, 2025, 6:00 pm Fort Collins, CO, UCHealth Harmony Campus, Board Room, Building B Greeley, CO, LINC Innovation Center
Loveland, CO, Medical Center of the Rockies, Hagues Peak Conference Room
Fort Collins, CO, UCHealth Harmony Campus, Board Room, Building B
Greeley, CO, LINC Innovation Center
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Trauma Survivors Network Website

The TSN website, www.traumasurviorsnetwork.org provides an opportunity for trauma patients & their families to connect with others and get the information they need to help manage their injuries & rebuild their lives. The resources, information & support available can help reduce the stress, anxiety and frustration many people experience after an injury.

National Virtual Peer Support Group-The Trauma Survivors Network hosts Virtual Support Groups twice monthly (2nd and 4th Wednesday). Register at www.Traumasurvivorsnetwork.org/support-groups

Nextsteps- NextSteps is a six-week online self-paced class that helps survivors manage a life after serious injury by building on their strengths & developing new coping skills. Register at www.nextstepsonline.org

