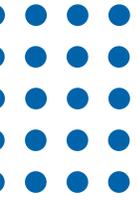


# SUPPORTING CHILDREN WHO LOVE A SURVIVOR



## ROUTINE

Maintain routine as much as possible.  
Create a new temporary routine when old routines are not possible.  
Keep kids in school, activities, and doing their chores.

## HONESTY

Even when it is scary, keep children informed. Often their misconceptions are worse than the truth.  
Be honest about what you don't understand or are scared of!

## CONNECTION

Give children roles to maintain connection to the trauma survivor.  
Drawing them a picture every week, calling on the phone to say I love you, etc. can make the child feel connected and important.



trauma survivors  
**network**  
provided by **ATS**  
survive. connect. rebuild.

## PLAY

Be sure to encourage the children to play and make sure they know it is okay to have fun. Do not be alarmed if their play involves themes of trauma, violence, or pain. Allow them to play it out to help them process and understand.

